

October 4**TrustPower Adventure Quest - Queenstown**

Trekking and mountain biking - six hours to complete course.

<http://www.southerntraverse.com/AdventureQuest/>

October 18**Silver Peaks Rogaine**

In the Silver Peaks area west of Dunedin. There are extensive areas of native bush and scrub, some pine forest, and open tussock areas. Travel will be mostly on the numerous tramping and forestry tracks. Altitude ranges between 150 and 780 metres. More details (11KB PDF) and entry form (24KB PDF) are available.

<http://www.rogaine.org.nz/>

November 15-16

Fairydown 24 hours of Southern Traverse - Queenstown Approx 150km - 24 hours of adventure racing.

<http://www.southerntraverse.com/24/>

November 22**South Island Half Ironman - Ashburton**

Race venue: Lake Hood.

November 29-30

Tuatara Peninsula Race - Banks Peninsula, Canterbury Two-day, 85km multisport event that includes running, mountain-biking and kayaking. Designed to enable people to compete whether novices or elite athletes. Can be entered as an individual or in a team. Time: 8.30am. Venue: Taylors Mistake Beach- Christchurch

<http://www.bloodygoodevents.co.nz>

January 10**Roxburgh Triathlon**

Kayak 10k, Bike 40k, Run 10k

December 13**Teva Big Day at the Office - Methven**

40km road cycle, the Teva X1 24km mountain run, 30km road cycle, 9km kayak & 3.5km run. Other options for social/corporate category.

<http://www.ashburtononline.co.nz/microsites/teva/>

December 27

Lake Hayes Triathlon - Arrowtown 750 metre swim (or 4km paddle), 20km bike, 5km run. Race starts 1pm.

www.iconicadventures.co.nz/LakeHayes/

January 17**Triathlon Challenge Wanaka (3800S/180C/42R) Wanaka.**

Swim 3.8k, Cycle 180k, Run 42k

January 31

Southland Summer Challenge

Kayak 12k, Bike 40k, Run 10k
or half ironman

<http://www.southlandtriclub.co.nz/>

February 13-14

Coast to Coast

Run 36k, Cycle 140k, Kayak 67k

www.coasttocoast.co.nz